

# Reducing the Risk of Trafficking in Persons at the Ukrainian - Moldovan Border

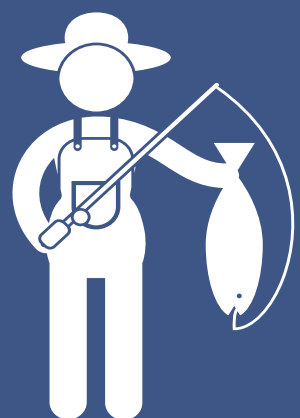
## What is human trafficking?

HUMAN TRAFFICKING is a form of modern slavery and human rights violation that is still relevant in the 21st century.

The recruitment, transportation, transfer, harbouring or receipt of persons, by means of threats, use of force or other forms of psychological pressure for the purpose of further exploitation.

## Exploitation can take the following forms:

Labour exploitation or forced services



Sexual exploitation



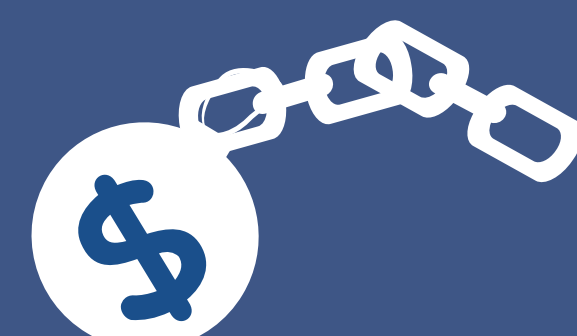
Involvement in criminal activities



Forced begging



Debt bondage



Illegal adoption



Domestic servitude



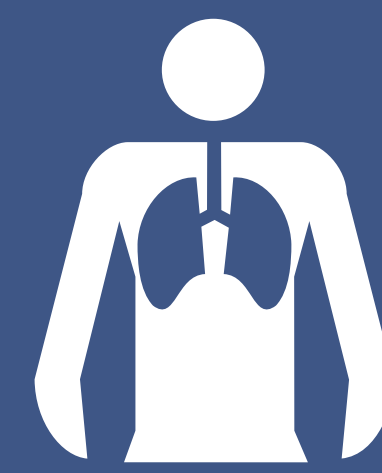
Slavery or practices similar to slavery



Forced marriage



Organ removal



## Signs which may indicate you are or could be exploited by a person claiming to help you:

They are **offering a job with an unrealistically high salary.**



They are **forcing you to perform work, services or sex without your consent** and/or **using psychological pressure and manipulations to gain your consent.**



They have **removed or are withholding** your **passport or other identification document(s).**



They have **removed or are withholding** your personal means of **communication** (mobile phones, laptops, etc).



They are making you comply with **strict rules** or **controlling you** by **limiting your sleep/rest/food or water intake/denying your medical care or isolating you.**



They are **restricting your ability to move freely** or forcing you to live or work in **locked premises.**



They are asking you to undertake labour, services, or sex acts to **repay 'debts'** (sometimes they may make the 'debt' harder to pay off or make you think you cannot leave until it is paid).



They are 'employing' you but they are **not respecting the working conditions agreed**, and/or if they are **not paying you**, and/or are **only paying you some** of what was promised or they **keep control of your money.**



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## What can you do to limit your vulnerability to trafficking?



Know your rights and where you can access services, help and support.



Try and maintain possession of your documents.



Try to stay in contact with people who may support you (if possible those from your community, family, friends, other support structures).



Develop a secret 'safeword' or phrase that you have given to trusted person(s) that you can use later so they know you are in trouble.



Try to ensure that you have enough information about who you are travelling with, what route you will take, the address you will be staying and anyone else who may be there too, any workplace or employer you may be going to and share that information with other trusted persons.



## Seeking help!



**Center for Combatting Trafficking in Persons of the Ministry of Interior (Moldova)**

**+373 22 254998** (available 24/7)

**National Emergency Number  
112**



LA  
STRADA  
Moldova

**LA Strada Anti-trafficking and safe migration  
hotline**

**0800 77777** (Free calls from the Republic of Moldova)  
**+373 22 23 33 09** (Calls from abroad)

**National Toll-Free Counter-Trafficking and Migrant Advice  
Hotline 527** (Calls from Ukraine)

*Remember if  
you end up in  
a situation of  
exploitation, **it  
is not your  
fault and  
there is help  
available!***